

# **International Comparative Study on Productive Aging 2013 Research Report**

## **Research Title:**

International Comparative Study on Productive Aging 2013 (A study supported by Projects on Health Care and Health Promotion for Older People at Ministry of Health, Labour and Welfare)

**Year:** 2013

## **Research Objectives:**

Social participation among older people is essential in order to build an energetic longevity society and to successfully prevent the need for long-term care. In other words, it is critical that older people keep playing active roles in a society and family. In addition to health promotion and care prevention activities, older people are also expected to realize their role as providers in their communities and actually act as ones. This study compares, analyzes and discusses international data collected from the programs which actually promote productive aging and older people who participate in these programs in Japan and other countries. The study aims to find concrete ways for older people to play major roles in energizing community activities and for resolving community problems through understanding and analyzing the latest examples in the leading aged countries. Moreover, the study also aims to find significance and effects of social participation on older people's quality of life and health promotion.

## **Report Title:**

International Comparative Study on Productive Aging 2013: Research Report (A4 size, 144 pages, in Japanese)

**Report Published in:** March 2014

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